

Rock Breaker Schools Quarterly Report (Jan to Mar 2026)

Repair and Maintenance

Colour and Painting Work Done in Mourya Basti School

Date: 07/01/2026

Vivekananda School Mourya Basti

The colour and painting work done in Mourya Basti school has transformed the school's appearance, creating a vibrant and engaging environment for students.



Date: 20/01/2026

Purpose: Schools Visit & dropping stationary items.

Place: Gitanjali Niketan Chenga & Non Formal Asha Niketan Mahananda Schools

On 20th January 2026 a vehicle hired for reaching stationary items at Gitanjali Niketan School, Chenga & Non Formal Asha Niketan School, Mahananda. Also the another purpose was to check and monitored the students, teachers and activities by the project coordinator along with project supervisor after new session began.



Republic Day Celebration

Rock Breaker Schools

Date: 26/01/2026

In all four Rock Breaker schools (Jyoti Niketan school, Balasan, Vivekananda School, Mourya Busy School, Non Formal Asha Niketan school, Mahananda, Gitanjali Niketan school, Chenga on 26th January 2026)

Annual sports meet

Date: 10/02/2026

Venus: St. Mary's school ground, Pradhan Nagar, Siliguri.

Participate: (120) HOI team, RB school's students & teachers, SK director along with other HOI project staff.



Annual sports meet of RB schools. Schools usually organize these meets to promote teamwork, sportsmanship, and physical fitness among

students.



Awareness Program on Education for RB School Staff

Date: 25/02/2026

Venue: St. Stephan Academy, Kaffer

Speakers: Felix D'Souza (Principal)

Participants: 10 RB staff



The awareness program on education for RB school staff was conducted successfully at St. Stephan Academy, Kaffer on 25/02/2026. The program aimed to equip RB school staff with updated knowledge and skills to enhance the quality of education.

Football Tournament for RB schools students

Date: 26/02/2026

Venue: Gitanjali Niketan School, Chenga

Participates: 1. Non Formal Asha Niketan School, Mahananda.

2. Jyoti Niketan School, Balasan.

3. Vivekananda School, Mourya Basti.

4. Gitanjali Niketan School, Chenga.



A thrilling football tournament for RB schools students on February 26, 2026. RB schools are promoting sports and teamwork among students, with facilities for football and other games.

International Women's Day Celebration Report

Event Details:

Date: 10th, 11th & 12th March 2026

Venue: All RB schools 1. Balasan,

2. Mourya Basti 3. Mahananda, 4. Chenga



Participants: Women, teachers, and staff

Speakers:

1. Sri. Sukhdeo Mahato (Councillor SMC)

2. Jaya Sarkar (ICDS teacher)

3. Komal Lakra (Health and Hygiene animator)

4. John Rajan Kindo (Pradhan GP

Ghoshpukur)



RB Educational Exposure Visit Report

Date: 21/03/2026

Destination: Dreamland Park and Bangladesh Border

Participants: 46 mainstream students and 8 staff of Rock Breakers school

Objectives:

To provide students with a fun and educational experience at Dreamland Park.

To expose students to the Bangladesh border and promote cultural understanding.



Quarterly Report of Women Empowerment Through Health and Hygiene (Jan to Mar 2026)



On 19th January 2026, the Health and Hygiene (HH) Project, in collaboration with the Men SHG Project, successfully organized a Health and Eye Check-up Camp at Kothi Line, Pahargoomgumiah. The camp was conducted with the objective of providing basic health services and eye screening to the local community.



On 20th January 2026, the Health and Hygiene team, in collaboration with the Men SHG project, conducted a Health Camp at Merry View Tea Estate. The health check-ups were carried out by Nurse Prajwal Kujur. Komal Lakra managed the registration process, while Cordela Beck assisted the nurse in the distribution of medicines. Harsita Guria was responsible for checking the blood pressure of the participants.



On 21st February 2026, The team of Health and Hygiene accompanied Anupa Xaxa (20 years) to North Bengal Medical College and Hospital for an ENT examination. Animator Sawanlata Kandulna and Parmila Minj Kherwar was present during the visit. Anupa was accompanied by her mother for support. Anupa has been suffering from a physical health problem since she was 11 years old. For the past nine years, she has been receiving treatment at North Bengal Medical College and Hospital. However, due to inappropriate and inadequate treatment, her health condition has not shown significant improvement, and she continues to struggle physically. So, HH team is now helping her.



An exposure visit was organized for the Health and Hygiene (HH) Project team on 24th and 25th February 2026. The primary objective of the visit was to provide practical field exposure, strengthen team coordination, and enhance understanding of environmental sustainability and its connection to community health and hygiene. The visit aimed to combine learning with team-building in a natural and community-based setting.



A two-part training program focused on **Capacity Building** was conducted for the Hands On India (HOI) staff in Siliguri. The sessions, held on the 5th and 30th of March, aimed to enhance administrative efficiency, leadership skills, and institutional management.

- **Session 1 (5th March):** Focused on foundational leadership principles and streamlining institutional workflows. Mr. Thapa emphasized the importance of adaptive management in changing educational landscapes.
- **Session 2 (30th March):** Concentrated on practical implementation, conflict resolution, and professional development strategies and reporting for subordinate staff.
- **Methodology:** The training employed interactive workshops, case studies, and peer-to-peer discussions to ensure the concepts were applicable to real-world scenarios.

Medical Camps: Two health check-up camps were organized in collaboration with the Men SHG Project at **Kothi Line** (19th Jan) and **Merry View Tea Estate** (20th Jan). These sessions provided basic health services, eye screenings, and medicine distribution to the local community.

Patient Support: On 21st February, the team facilitated an ENT examination at North Bengal Medical College for **Anupa Xaxa**, a 20-year-old who has struggled with chronic health issues for nine years, ensuring she received necessary medical accompaniment.

Team Development & Training (February – March)

Exposure Visit: A two-day field visit (24th–25th Feb) was held for the Health and Hygiene team to strengthen **coordination** and explore the links between environmental sustainability and community health. **Capacity Building:** A two-part workshop for **Hands On India (HOI) staff** was conducted by Mr. Tej Kumar Thapa in Siliguri (5th & 30th March). The training focused on leadership principles, adaptive management, conflict resolution, and staff reporting to improve institutional efficiency.

Note: Between January and March 2026, the Health and Hygiene (HH) Project, , executed a comprehensive series of community health interventions and professional development programs. The initiative began on 14th January with a vital PoSH (Prevention of Sexual Harassment) training for all HOI staff, followed by a sequence of medical and eye check-up camps at Kothi Line (19th Jan), Merry View Tea Estate (20th Jan), and throughout March in Khoribari (18th), Madan Jote (19th), Mingara (22nd), Gayaganga, 23rd Kiranchandra and (24th). Beyond these camps, the project provided critical patient advocacy, exemplified by the team accompanying Anupa Xess to North Bengal Medical College on 21st February—just one of hundreds of community members the HH project assists in navigating the healthcare system for chronic conditions. To ensure high-quality service delivery.

Quarterly Report For Women SHG (Jan to Mar 2026)

1. Women SHG Strengthening & Awareness Meetings



These meetings focused on group dynamics, financial discipline, and community issues.

- **Kathaldangi (11.02.2026) & Harivita (02.03.2026):**
 - **Teresa SHG:** Identified as a high-performing, cooperative group.
 - **Riya SHG:** Currently facing challenges due to the loss of members in 2025 and issues with loan defaults. The team provided restorative suggestions and scheduled a follow-up at Ghoshpukur G.P. on March 11th.
 - **Community Insight:** Noted poor functioning of the local ICDS centre and identified specific village relationship dynamics.

2. Health Awareness Programs

Venue: Thutapakhri (10.03.2026)



- **Resource Person:** Mrs. Punita Lakra (ANM)
- **Key Topics:** Common diseases, routine BP/sugar check-ups, menstrual hygiene, and family planning.
- **Seva Kendra Support:** Sr. Anima Kullu explained the Health and Hygiene project benefits, resulting in an interactive session where villagers sought direct assistance for the sick.

3. Income Generation Programs (IGP): Mushroom Training



A major focus was placed on Mushroom cultivation as a low-investment, high-nutrition livelihood source.

- **Dakugachh (04.02.2026):** Theory and practical training, including innovative methods like **plastic bottle cultivation** led by CE Pushpa Ekka.
- **Kamala TE, Rai Line (24.02.2026):** Specialized training by Mr. Jayshwar Sarkar. Covered hygiene, identification of poisonous varieties, and specific types like Shiitake and Golden Oyster. (45 Participants).
- **Dangapara, Pacca Line (11.03.2026):** SHG members successfully created two cultivation "cylinders."

The group is so motivated they have taken a **₹5,000 loan** to scale up into a collective business.

4. Literacy Center Re-motivation Visits

- **Locations:** Thangjhora TE, Fulbari TE, and Jayantika TE (Jan 2026).
- **Focus:** Addressing high absenteeism and re-emphasizing the value of education for women's empowerment.



- **Outcome:** Members admitted previous failures and expressed a willingness to restart the program. The team also conducted SHG meetings during these visits to ensure group stability.

Annual Program with HOI Team & SHG



give."

The Annual Meeting on 9th February was a vibrant celebration where SHG members traditionally welcomed the HOI Australia team with music, dance, and gratitude. Members like Jacinta Tirkey and Martha Bara shared success stories of securing village infrastructure (roads/solar lights) and mastering new livelihood skills, while the project also honored the top 6 Literacy Centers with prizes. The event concluded with an inspiring message from Dr. Andrew Moulton and Deborah Paul, emphasizing community unity and the spirit of "learning to

International Women's Day

Theme – "Give to Gain"

Seva Kendra Siliguri celebrated International Women's Day through dual empowerment programs at St. Ignatius Church and Bhatagachch Basti, combining cultural tributes with practical training on **government schemes** and **child protection**. These events successfully motivated women toward financial independence by highlighting a **₹ 6,00,000 loan system** and fostering a collective commitment to community well-being and education.



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On 20th February 2026, 45 SHG women visited the KVK (Krishi Vigyan Kendra) Centre at Uttar Dinajpur, Chopra to learn about farming and allied livelihood opportunities beyond their SHG activities. They received training on plant protection and animal husbandry from experts, gaining knowledge on crop cultivation, pest management, and animal care. The visit was informative and

motivating, encouraging the women to adopt agricultural practices and explore income generation and sustainable livelihood options.

4th Quarter Project Report: Men SHG Project

Reporting Period: 1st January – 31st March 2026

1. Executive Summary

The fourth quarter of the 2025-2026 financial year focused on strengthening the financial discipline, mental well-being, and livelihood capabilities of Men Self-Help Groups (SHGs). Key highlights included the first annual donor visit, the expansion of bank linkages, and the introduction of diversified income-generating activities.

2. Key Activities & Highlights

- **Mental Health Awareness:**



Sessions focused on the unique pressures faced by men, including financial stress and emotional resilience. This created a "safe space" within the SHG platform, fostering group bonding and collective emotional support.

- **Health & Eye Care Initiatives:**



Six camps were conducted across six villages (4 Health & Eye camps, 2 General Health camps). These reached the entire community, identifying and treating common illnesses while promoting overall wellness.

- **Capacity Building: Bookkeeping Training:**



On 21st January 2026, 40 members attended a specialized workshop at Hatigisha GP Hall. The training provided hands-on experience in maintaining savings, loan, and meeting registers to ensure transparency and sustainability.

- **Exposure Visit (Fishery Farming):**

On 30th January 2026, 35 members visited **Mahima Village**. Supported by HOI Australia, the visit focused on fishery management, motivating members to adopt aquaculture as a viable income source.



1st Annual Meeting with HOI Team:

Held on 8th February 2026 at Damdama Bara Line Tea Garden. Members interacted directly with the Australian donor team (including Dr. Deb Andrew Moulton and Deborah Paul), sharing achievements and grassroots challenges.

- Income Generation Programme (IGP) Training:



30 participants across Kothi Line, Kiranchandra, and Bara Line received practical training in **Mushroom Cultivation** and **Herbal Soap Making**, emphasizing low-cost enterprise development.

3. Financial Progress & Bank Linkage

Metric	Details
New Groups Formed	2 (Inspired by <i>Prakashit</i> & <i>Jan Kalyan</i> groups)
Total Bank Linkages	14 out of 18 Groups
Total Savings (Cumulative)	Rs. 1,80,448/- (as of March 2026)
Previous Savings (Dec 2025)	Rs. 1,32,198/-

4. Challenges & Learning

Challenges:

- Limited access to broader market linkages for IGP products.
- Resource constraints for scaling up individual small businesses.

Key Learnings:

- Peer Influence:** The success of established groups like *Prakashit* acts as a powerful catalyst for new group formation.
- Holistic Health:** Providing a platform to discuss stress and depression significantly improves individual confidence and reduces isolation.
- Collective Strength:** Group unity is essential for overcoming financial constraints and exploring diverse livelihood options.

5. Conclusion

The 4th Quarter has successfully bridged the gap between social support and financial independence. The enthusiasm shown during the Annual Meeting and the steady growth in savings reflect a sustainable path forward for the Men SHG Project.

Thank You

Hands On India, Australia